

$$Var(T) = Var\left(\sum_{i=1}^n R_i\right) = \sum_{i=1}^n Var(R_i) + \sum_{i=1}^n \sum_{j=1, j \neq i}^n Cov(R_i, R_j)$$

$$\begin{aligned} Cov(R_i, R_j) &= E[R_i - \mu_{R_i}][R_j - \mu_{R_j}] \\ &= \sum_{k=1}^N \sum_{l=1, k \neq l}^N (R_k - \mu_{R_k})(R_l - \mu_{R_l}) \cdot \frac{1}{N(N-1)} \\ &= \frac{1}{N(N-1)} \left\{ \left[\sum_{k=1}^N (R_k - \mu_{R_k}) \right]^2 - \sum_{k=1}^N (R_k - \mu_{R_k})^2 \right\} \\ &= \frac{-1}{N(N-1)} \sum_{k=1}^N (R_k - \mu_{R_k})^2 = \frac{-N}{N(N-1)} \sum_{k=1}^N (R_k - \mu_{R_k})^2 \frac{1}{N} \\ &= \frac{-1}{(N-1)} Var(R_k) \end{aligned}$$

$$\begin{aligned} Var(T) &= \sum_{i=1}^n Var(R_i) + \sum_{i=1}^n \sum_{j=1, j \neq i}^n Cov(R_i, R_j) \\ &= n Var(R_i) - \sum_{i=1}^n \sum_{j=1, j \neq i}^n \frac{-1}{(N-1)} Var(R_i) \\ &= n Var(R_i) - \frac{n(n-1)}{(N-1)} Var(R_i) \\ &= \frac{n(N-1-n+1)}{(N-1)} Var(R_i) = \frac{nm}{N-1} Var(R_i) \\ &= \frac{nm}{N-1} \sum_{i=1}^N \left(R_i - \frac{N+1}{2} \right)^2 \frac{1}{N} \\ &= \frac{nm}{N(N-1)} \sum_{i=1}^N \left(R_i^2 - 2R_i \frac{N+1}{2} + \frac{(N+1)^2}{4} \right) \\ &= \frac{nm}{N(N-1)} \left[\sum_{i=1}^N R_i^2 - (N+1) \sum_{i=1}^N R_i + N \frac{(N+1)^2}{4} \right] \\ &= \frac{nm}{N(N-1)} \left[\sum_{i=1}^N R_i^2 - (N+1) \frac{N(N+1)}{2} + \frac{N(N+1)^2}{4} \right] \\ &= \frac{nm}{N(N-1)} \left[\sum_{i=1}^N R_i^2 - \frac{2N(N+1)^2}{4} + \frac{N(N+1)^2}{4} \right] \\ &= \frac{nm}{N(N-1)} \left[\sum_{i=1}^N R_i^2 - \frac{N(N+1)^2}{4} \right] \end{aligned}$$